

Autumn/Winter 2023/2024:

4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1, 29/01

LUNCH WEEK 1 MENU



MAIN EVENT



MEAT-FREE MAGIC Vegetarian Dish



KAINBUW ALLEY
Vegetables and Salads



BIG TOPPING Filled Jacket

Topped Pasta



DESSERT TROLLEY Pudding

PICK AND MIX

MONDAY

Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers (Halal)

Sweet Chilli Vegetable Stir Fry with Whole Grain Rice

> Mixed Salad or Sweetcorn

TUESDAY

Mild Chicken Curry with Whole Grain Rice (Halal Chicken)

Cheesy Broccoli Pasta Bake

> Green Beans or Carrots

WEDNESDAY

Sausages with Mashed Potatoes and Gravy (Halal Chicken Sausage)

Homemade Cheese and Leek Sausages with Mashed Potatoes

and Gravy Broccoli or Sweetcorn

THURSDAY

BBQ Drizzle Pizza with Baked Potato Wedges

Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice

> Peas or Carrots

FRIDAY

Golden Fish Fingers or Salmon Fingers with Chips

> Pizza Margherita with Chips

Baked Beans or Peas

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes

with Cheese or Beans

Pick & Mix Packed Lunch

Freshly filled sandwich or baguette, healthy snack, home bake dessert & cut fruit

Toffee Sponge and Custard

Jelly & Fruit Slices

Tropical Pineapple Crumble and Custard Orange Cookie Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024:

11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

LUMEEK 2 MFM



MATN FVFNT



MEAT-FREE MAGIC **Vegetarian Dish**



Vegetables and Salads



Filled Jacket

Topped Pasta



PICK AND MIX



Pudding

MONDAY

All Day Breakfast Brunch (Halal) Sausage, Egg, Hash Brown and Beans

All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans

> Baked Beans or Sweetcorn

TUESDAY

Pizza Margherita with Baked Potato Wedges

Golden Vegetable Fingers with Baked Potato Wedges

Green Salad or Peas

WEDNESDAY

Minced Beef and Onion Pie with Mash (Halal Mince)

Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash

> Carrots or Cauliflower

THURSDAY

Chicken **Chow Mein Noodles** (Halal Chicken)

Mexican Bean Wrap with Whole Grain Rice

Sweetcorn or Green Beans

Cheesy Sweetcorn Pizza with Chips

RIDAY

Golden Fish

Fingers

with Chips

Baked Beans or Peas

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes

with Cheese or Beans

Pick & Mix Packed Lunch

Freshly filled sandwich or baguette, healthy snack, home bake dessert & cut fruit

Banana Sponge Cake and Custard

Jammy Crumble Bars

Apple Crumble and Custard

Orange Jelly

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024:

18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01,12/02

LUNCH WEEK 3 MFNU



MAIN EVENT



MEAT-FREE MAGIC **Vegetarian Dish**



RATNBOW ALLEY Vegetables and Salads



Filled Jacket

Topped Pasta



Pudding

PICK AND MIX

MONDAY

Hot Dog with Baked Potato Wedges (Halal Chicken Sausage)

Vegetarian Shepherd's Pie

Green Beans or MIxed Salad

Tomato & Roasted Vegetable Pasta Bake

Mixed Vegetable Korma with Whole Grain Rice

Broccoli or Peas

WEDNESDAY Roast Chicken with Roast Potatoes and Gravy (Halal Chicken)

Baked Mac n Cheese

Carrots or Cauliflower

THURSDAY

Pizza Day! Veggie Supreme Pizza with Baked Potato Wedges

BBO Drizzle Pizza with Baked **Potato Wedges**

Peas or Sweetcorn

Golden Fish **Fingers** with Chips

Golden Vegetable Fingers with Chips

Baked Beans or Peas

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes

with Cheese or Beans

Pick & Mix Packed Lunch

Freshly filled sandwich or baguette, healthy snack, home bake dessert & cut fruit

Watermelon Wedge

Chocolate Crunch and Custard

Oaty Apple Crunch Slice

Strawberry Jelly

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day